

Friday, October 8

7:00 a.m.

Registration, Continental Breakfast & Exhibits

7:55 a.m.

Welcome and Opening Remarks

*Rahul Kapur, MD, CAQ
Conference Co-Director*

Session 1: PERFORMANCE AND MENTAL HEALTH IN ATHLETE

Moderator: *Rahul Kapur, MD, CAQ*

8:00 a.m.

Keynote: Exercise is Medicine

Elizabeth Joy, MD, ACSM

8:30 a.m.

Mental Health and Clearance for Sports

Allie Wagener, PhD, LP

8:50 a.m.

The Life of the Team Physician in the COVID Era

David Jewison, MD

9:10 a.m.

Preventing Sexual Abuse in Athletes

David Satin, MD

9:30 a.m.

Question and Answer Panel Discussion

Session 1 Speakers

9:45 a.m.

Break

Session 2: KNEE

Moderator: *Peter Ames, PT, PhD, SCS*

10:00 a.m.

Keynote: Addressing Neuroplasticity in Orthopedic Rehabilitation

Dustin Grooms, PhD, ATC, CSCS

10:45 a.m.

Bridging the Gap: Data-Driven Resistance Training for Athlete's Returning to Sport

Michael Kiely, CSCS

11:10 a.m.

ACL, State of the Union, injury and re-injury

Brad Nelson, MD

11:35 a.m.

Enhancing ACL Injury Prevention for Injury-Resistant Motor Control

Dustin Grooms, PhD, ATC, CSCS

12:00 p.m.

Question and Answer Panel Discussion

Session 2 Speakers

12:15 p.m.

Lunch

Session 3: CONCUSSION

Moderator: *Emily Wendolek, M.ED., ATC*

12:45 p.m.

Vision and Concussion: The Role of Neuro-Optometry in Recovery

Les Alsterlund, OD, FCOVD

1:00 p.m.

Vestibular and Neurology Considerations for Concussion

Roxanne Julius, PT, DPT, MTC, NCS

1:15 p.m.

Possible long-term Sequelae

Alex Noll, DO, CAQ

1:30 p.m.

Multidisciplinary Concussion Case Review

Alex Noll, DO, CAQ

Carly Mattson, PT, DPT, OCS

2:00 p.m.

Question and Answer Panel Discussion

Session 3 Speakers

Session 4: COMPLEX CASES OF THE SHOULDER - PANEL DISCUSSION

2:15 p.m.

Shoulder Exam

Rob Himmerick PT, DPT, SCS

Greg Lervick, MD

Panelists:

Peter Ames PT, PhD, SCS

John Corbo, PT, DPT, SCS, CSCS

Alicia Harrison, MD

Brad Nelson, MD

Erika Sandell-Savor, PT, DPT, SCS

2:45 p.m.

Question and Answer Panel Discussion

Session 4A Speakers

3:00

Avoiding Compensations: What to look for in Unilateral Loading

Michael Kiely, MS, SCCC

3:30

Gait Analysis

Liz Niemuth, DPT, OCS

4:00

Question and Answer Panel Discussion

Session 4B Speakers

4:15

Adjourn