



MASONIC CHILDREN'S HOSPITAL

FAMILY NEWSLETTER

WEEKLY CALENDAR OF EVENTS

WEEK OF MARCH 25, 2024

***Kyle Rudolph's End Zone** is a therapeutic play space where patients and families can enjoy the basketball hoop, craft activities, video games, bubble hockey and more.



Activity Theme of the Week:
Bunnies, Chicks & Lambs



End Zone Hours:

Monday-Thursday 9:30-12:30pm, 1:00pm-7:30pm

Friday 3:30pm-7:30pm

Sat-Sun 9:30am-12:00pm, 1:00pm-4:00pm

Call **612-365-8919** to check when the space will be open, as hours may vary.

***Zucker Family Suite and Broadcast Studio**

is a closed-circuit television channel with therapeutic programming 24/7. Please refer to the back of this newsletter for our weekly schedule.



612-365-0102

***Family Resource Center and Children's Library**

Browse our selection of books, movies, and video games. Read and relax, learn to knit/crochet, pamper yourself with a manicure or use our computers and printers. Enjoy a complimentary cup of coffee. **612-365-2100**



Movie List

Open Monday-Friday 9:00-12:00 & 1:00-3:00
(hours may vary)

***Wellness Center** is a space for adult family members of pediatric patients (18+) and is located in the South Building on the 5th floor. Visit or call the Family Resource Center (FRC) to check out a badge for access to the exercise space and to schedule a wellness service.

Call the FRC at **612-365-2100** to schedule any of the following services any of the following services:

Acupuncture and Acupressure for Family Members

Mondays: 1pm Katie's Clinic

Wednesdays: 1-2:30pm Wellness Center



***Mario Kart Group Gaming**

Kyle Rudolph's End Zone

Wednesday, March 27th 2pm-3pm

Come down to the End Zone for an hour of fun, group racing games with our Therapeutic Gaming and Technology Specialist! All levels of gaming experience are welcome!



***Family Coffee Hour**

Family Resource Center

Thursday, March 28th 10am-11am

Join us for coffee, conversation and community! Beverages and light breakfast will be provided. Families are encouraged to enjoy this time in the FRC; items can be taken to go.



March Family Milestone Activity Superhero ID Badge

Family Resource Center

We are celebrating all of our "Superheroes" here at the hospital this month. Do you have a superpower? Come to the Family Resource Center to create your own Superhero name badge.

All family members are encouraged to participate.



Ambassador Program

Our patient families are our best advocates and supporters. The program offers unique opportunities to get involved while staying connected to the hospital. Members are able to attend fun events, share their story, volunteer, and much more. Sign up using the QR code!



Nature Note- Maple Sugar

Nature Based Therapy Program

Ojibwe people have been making maple sugar, a traditional dietary staple, for centuries! In Minnesota, the harvest of maple sap happens between mid-March and mid-April, when temperatures are above freezing during the day and below freezing at night. It takes about thirty-five gallons of sap to produce one gallon of maple syrup.

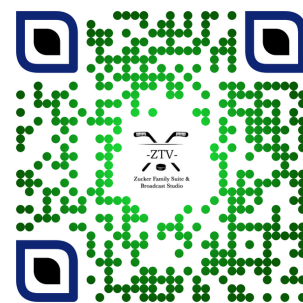
Scan the QR code to watch how its done!



ZUCKER FAMILY SUITE AND BROADCAST STUDIO





The **Zucker Family Suite and Broadcast Studio** is an interactive closed-circuit television studio for patients and families. Tune in to **Channel 12** everyday for various shows that promote creativity, fun, and relaxation! Programming supplies are delivered prior to shows that require materials. Need supplies or want to try hosting a show from your room, give us a call! Scan the QR code for a short video about ZTV!



MARCH 25-31


MONDAY

11 AM - Craft Cabin
Holi Craft 
1PM - Music Monday
Live music with local singer/songwriter Sarah Morris
4PM - ZTV Knows About That
Getting Ready for surgery 


TUESDAY

11 AM - Music Therapy
In the Woods
1PM - Kahoot Trivia
Name the Missing Brand 
4PM - ZTV Bakes/BARK Buddies & Beyond Crossover
Taste Test 

WEDNESDAY

11 AM - Lego Builds
Lego Wall Storage
1PM - Coping Corner
Aromatherapy 
4PM - ZTV at the Museum
Behind the Scenes at the American Swedish Institute

THURSDAY

11 AM - Art Therapy/ Nature Based Therapy Crossover
Paint Printing out in Nature
1PM - Bingo! Emojis 
2PM - ZTV Draws
4PM - In the Net with
Child Life Specialist Hannah


FRIDAY

11 AM - Craft Cabin
Doctor Day Cards
1PM - BARK Buddies and Beyond
Medical Play with Fern 
4PM - ZTV Fun
at the Champions for Children Golf Classic 


SATURDAY

11 AM - Nature Based Therapy
Winter Bees at the MN Landscape Arboretum 
1PM - Pictionary with MN
Twins's TC Bear
4PM - ZTV Bakes
Harry Potter Breakfast Sorting Hats

SUNDAY

11 AM - ZTV Draws
Firefly, Rapunzel, & Chattermax
1PM - Coping Corner
What Makes You Special
4PM - ZTV Knows About That
Sedation 

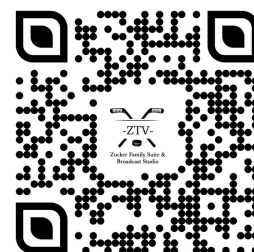
EVERYDAY

8:30 AM - Wheels Up!
9:30AM - Morning Report
7:00 PM - Bedtime Stories
7:30 PM - Nightly Novel 



ZTV ON DEMAND WEBSITE

Check out our ZTV On Demand Website to view episodes of previous ZTV Shows. New shows are added weekly. To access the website, scan the QR code on a phone or tablet or go to **fairview-ztv.cablecast.tv**



Live Call In: 612-365-0101 | **Voicemail:** 612-365-0102
iMessage or Email: zuckersuite@zuckersuite.org